

Meal Prices

Breakfast		Lunch	
Grades K-12	\$1.50	Grades K-6	\$2.75
Adult	\$2.00	Grades 7-12	\$3.50
		Adult	\$4.00

May

Gettysburg School District Breakfast & Lunch Menu



Monday

Egg/Chz Biscuit 1

- A. Turkey & Gravy
- B. Chicken Nuggets

Bread
Mashed Potatoes w/Gravy

Tuesday

Pancakes 2

- A. Italian Dunker
- B. BBQ Meatball Sub

Tortilla Chips
Peas

Wednesday

Breakfast Pizza 3

- A. Beef Soft Shell Tacos
- B. Pork Rib Sandwich

Corn

Thursday

Cheesy Eggs & Toast 4

- A. Spaghetti w/Meat Sauce w/Breadstick
- B. Chicken Wrap

Green Beans

Friday

Cinnamon Roll 5

- A. Sloppy Joe
- B. Hot Dog on Bun

French Fries

Long John Donut 8

- A. Ham & Scalloped Potatoes w/Bread
- B. Cheese Pizza

Peas

Waffles 9

- A. BBQ Chicken Sandwich
- B. Breaded Pork Fritter w/Bread

Mashed Potatoes w/Gravy

Sausage Pancake Stick 10

- A. Nacho Grande
- B. Meatballs w/Gravy

Rice
Corn

Breakfast Sliders 11

- A. Cheesy Chicken Casserole
- B. Cheeseburger

Carrots

Sausage/Chz Biscuit 12

- A. Grilled Cheese
- B. Chicken Wrap

Tomato Soup

Cheesy Eggs & Toast 15

- A. Beef & Cheese Burrito
- B. Crispy Chicken Sandwich

Green Beans

Glazed Donut 16

- A. Goulash w/Bread
- B. Mini Corn Dogs

Broccoli

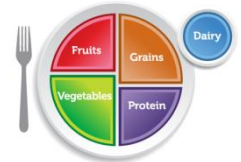
French Toast Sticks 17

- A. Super Mexi Tots w/Bread
- B. Chicken Wrap

Carrots

Breakfast Pizza 18

No Lunch Served
Have A Great Summer!



ChooseMyPlate.gov

summer explore READ
Be Healthy Be Active

A summer garden is a great way to increase **FRUIT & VEGETABLE** consumption!



Are You Hungry...All Lunch Meals Include a Nutrient Packed Fruit and Vegetable Bar.

Eat Your 5 servings **Everyday!**



Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

SCHOOL IS OUT!
SCREAM AND SHOUT

Breakfast Choices Offered Daily:

- Fruit & 100% Juice
- Breakfast Entrée
- Cereal & Toast
- Low-Fat, Strawberry Skim & Skim Chocolate Milk

Lunch Choices Offered Daily:

- Fruit & Vegetable Bar
- Low-Fat, Strawberry Skim & Skim Chocolate Milk

Students may select one of the two entrée options

